

My Top Tips for Oracle Card Readings

I often get asked about which oracle cards I would recommend and how best to use them. I have many decks, as at different times in my life, I have needed different guidance. I started with Diana Cooper's Angel cards, which was great source of inspiration for my range and the Findhorn word cards by Kathy Tyler and Joy Drake. I then progressed to the Rider Waite Tarot as I loved the symbolism and love the more modern decks, such as John Holland's Psychic Tarot and Doreen Virtue's and Radleigh Valentine's Angel Tarot cards. I love to see into cards, so images, colours and symbols are important to me. Anything by Colette Baron-Reid works well for me and you can mix all of her packs together. As you know I like to work with colour so enjoy using The Secret Language of Colour Cards by Inna Segal and am in the process of getting my Soul Coaching Oracle Card Certification with Denise Linn, whose card packs are used as a beautiful coaching and self-empowerment tool.

My 'Six Top Tips' for doing readings:

1. When buying a new pack, make sure that you are picking the right cards for you; it's great to have recommendations, but if the cards don't feel right or you don't like the images or words, find another pack. It is always best to be able to see and feel the individual cards, which is not possible online.
2. When you first undo your pack (the most exciting part!) look and handle all the cards individually and then hold them to your heart to energize and connect to your heart chakra for the truest of readings - I do this each time I do a reading.
3. Work with the cards one at a time to gain an understanding of the meaning and the way in which the cards work. You can sleep with one under your pillow, carry it around with you for the day or put it somewhere where you can constantly see the card and also what comes up for you, so that you form a deeper connection.
4. When started to do readings, use a one-card or three-card spread. Call in the guardian of the cards, your guides, Angels and helpers and ask that the reading be true and accurate.
N.B. You may want to meditate on this before a reading.
5. Always cleanse the cards between readings and this can be done in many ways e.g. banging the pack with your fist, using crystals or essence sprays or using sound, such as bells, singing bowls etc.
6. Keep the cards in a beautiful box; you could decorate this yourself, with crystals and items that have meaning for you. I wrap mine in pure silk scarves and I like the colour to reflect the cards.